



	<u>Autumn 1</u>	<u>Autumn 2</u>
	<u>Sexual Health</u> <u>Healthy and unhealthy relationships</u>	<u>Sexual Health</u> <u>Healthy and Unhealthy Relationships</u> <u>Family life</u> <u>Friendships, and anti-bullying</u> <u>Diversity and prejudice</u>
Topic Content	<ul style="list-style-type: none"> Identifying body parts using correct vocabulary To label female and male reproductive organs using correct terminology Identify warning signs of abusive relationships. Explain how reproduction happens and how a baby is created and how it develops. Identify help and support for victims of domestic abuse. How to explore feeling, views and opinions Identify ways you can show you care and your own bill of rights. Understanding the importance of contraception, protection against STI's and unwanted pregnancy How to use a range of contraception's. Identifying signs and symptoms of STI's Advantages and disadvantages of different types of contraception's Identifying local health clinics and emergency contraception Identifying and considering the risk in relation to alcohol use How to be a healthy parent and identifying support for young parents 	<ul style="list-style-type: none"> What makes a good parent/carer? What makes a healthy relationship. Identifying how relationships can be abusive/unhealthy and support available. Why are friendships important? Identifying different types of families and relationships Why do people get married /partnership ceremonies. What makes a successful marriage/partnership. Why do people separate or divorce and how this affects families. How to support experiencing divorce, separation, loss or bereavement? Supporting people who may be coming out with their sexuality. Practice refusal skills and how to deal with risky situations. What consent means and applying it to a healthy relationship. Where to get support for non-consented situation or disclosures The difference between a friendships and sexual relationship What is self-worth. Why people may have sex early and the importance of delaying sex.

	<u>Spring 1</u>	<u>Spring 2</u>
	<u>internet safety and Media Influence</u>	<u>Emotional Wellbeing</u>
Topic Content	<ul style="list-style-type: none"> To discuss the negative impacts of social media with mental health To identify risks associated with social media. To identify healthy social media practices to improve mental health. To discuss the dangers and negative impact of pornography. To identify the risks of and legal implications of sending nude pictures and where to seek help and support. To identify the term digital footprint To suggest characteristics of a strong password To identify the meaning of phishing and state three forms it can take. To identify features of a safe website To outline organisations to report offensive emails, images, or texts. Discuss the risks involved with posting photographs and videos online. To suggest ways in which careless social media posting can have negative consequences. To provide example of how posting can have a negative impact on an individual's personal and profession life. To provide example of how posting can have a positive impact on an individual's personal and profession life. To explain how to delete old media content. To demonstrate how to account secure. 	<ul style="list-style-type: none"> To identify keywords and meaning related to mental health. To Suggest and discuss situations where a young person might experience vulnerability. To distinguish what can improve and reduce a young person's mental health. To identify services and organisations to support young people's mental health. To identify and discuss what resilience is. To discuss the differences and influences of stress anxiety and depression To suggest ways to help cope with stress, anxiety, or depression. To identify the physical and mental symptoms of anxiety To suggest how stress occurs and how to cope with it in a range of situations. To identify the signs and causes of depression. To outline organisations and services when a person needs to seek professional help for depression, anxiety, or stress.

	Summer 1	Summer 2
	Careers and Aspirations	First Aid, Health and Prevention
Topic Content	<ul style="list-style-type: none"> To construct a CV and letter of application for a job or course To discover and select a range of courses and career options for the future. To prepare answers for an interview mock question To correlate experiences and skills related to job specifications. To demonstrate good interview practice To identify the meanings of terms and abbreviations used on a bank statement and payslip. To explain the importance of pension planning and saving for the future To recall how to get financial support for further education. To identify statutory and non-statutory deductions from pay 	<ul style="list-style-type: none"> To recognise the volume of alcohol and units vary in alcoholic drinks. To understand the guidelines for alcohol and identify the health risks of alcohol use and abuse. To identify risks associated with alcohol and discuss ways to minimise risks. To classify illegal drugs and recall law for possession or supplying them Discuss the consequences of drugs use and possession. Predict the risks associated with a variety of commonly abused drugs. To recognise the risks and harms posed with involved in County Lines. To recall support for young people needing help and support for alcohol or drug use and abuse and concerns with County lines. To demonstrate how to open a casualty's airway and check for response and breathing. To perform CPR and rescue breaths correctly and safely. To suggest way to protect the first aider.

