## PSHE KS3 (Ludlow and Hook-a-gate Centre) CURRICULUM MAP- Year 2

Term:	Autumn term 1: September – October	Autumn Term 2: November – December
Topic title	Drugs Education	Careers Education
Topic content:	<ul> <li>Understanding key words and their meaning</li> <li>Identifying illegal and legal drugs</li> <li>Researching illegal drugs, finding out risks, addiction, affects and duration of particular drugs</li> <li>Finding out the laws of supply and possession of different classes of drugs</li> <li>Identifying groups who maybe more at risk of also and drug abuse or addiction</li> <li>Information about prescription drugs</li> <li>The short- and long-term effects of alcohol use and abuse</li> <li>How alcohol use or abuse can affect families and finding support</li> <li>Risks for teenage alcohol consumption and how to keep safe</li> <li>The dangers of smoking and vaping and help to quit support</li> </ul>	<ul> <li>match skills and interests to explore careers and career development.</li> <li>Demonstrate how to create an online account on Kudos</li> <li>Identify different jobs which require a uniform and identify why.</li> <li>Identify types of businesses from different occupation sectors.</li> <li>Identify a range of local businesses</li> <li>Define what discrimination means.</li> <li>Identify the laws and safe working practices for young people.</li> <li>Identify different types of support networks, such as school, home and social support networks.</li> <li>Calculate a person's financial income and expenditures per month</li> <li>Identify a personal target, what needs achieving for self-improvement.</li> <li>Identify important decisions that young people will make in the future</li> <li>Define what a transition is</li> <li>Describe how to make transitions more manageable</li> </ul>

## PSHE KS3 (Ludlow and Hook-a-gate Centre) CURRICULUM MAP- Year 2

Term:	Spring term 1: January - February	Spring Term 2: March
Topic title	Introduction to diversity, prejudice and discrimination	Health and prevention Education
Topic content:	<ul> <li>Identify three examples of stereotyping</li> <li>Explaining what stereotyping means</li> <li>Identify three examples of prejudice</li> <li>Explaining what prejudice means</li> <li>Stating reasons for why someone might become prejudice</li> <li>Identifying three examples of diversity in society</li> <li>Explain what discrimination means</li> <li>Identify three examples of discrimination</li> <li>Identifying three laws designed to prevent discrimination</li> <li>Defining racism</li> <li>Identifying any historical events affected or caused by racism</li> <li>Explaining what Hate Crime is.</li> <li>identify and consider risk in relation to alcohol use</li> <li>Identifying three and how to report Hate Crime</li> </ul>	<ul> <li>The importance of hydration</li> <li>Identify the symptoms of dehydration</li> <li>Identify how many hours sleep a teenager should have compared to an adult</li> <li>Suggest what happens when someone is sleep deprived</li> <li>Give examples of good sleep hygiene</li> <li>Explain what mindfulness is and give examples of techniques including meditation.</li> <li>Identify the importance of good hand and teeth hygiene</li> <li>Explain what happened in an optician appointment.</li> <li>Identify what hygiene products a teenager may need.</li> <li>Identify the importance of vaccinations and how to get vaccinated</li> <li>List the types of vaccines a person should get a different age.</li> <li>State what vaccination you may need if traveling to certain countries</li> </ul>

Topic title	First Aid	British Values and Citizenship
Topic content:	<ul> <li>Recognising Danger, how to Respond to a casualty and Shouting for help.</li> <li>Checking airways and breathing. Learn how to put someone in the recovery position.</li> <li>When to do CPR and how to do CPR</li> <li>demonstrate DRSABC procedure</li> <li>How does a defibrillator works and how to use one?</li> <li>Signs of a heart attack and how to respond.</li> <li>Learn how to respond to someone choking.</li> <li>How to respond to someone bleeding and what you can find in a first aid kit.</li> <li>Recapping and demonstrating out different scenarios</li> </ul>	<ul> <li>Recognise that the UK is a democracy.</li> <li>Explain what a general election is and how it works.</li> <li>Understand how people vote in a general election and what happens after a general election takes place.</li> <li>Explain some of the key terms associated with general elections and voting</li> <li>Understand why debates in Parliament are so important.</li> <li>Explain what happens during a debate in the House of Commons or the House of Lords.</li> <li>Identify the different roles of Members and Speakers in the House of Commons or the House of Lords</li> <li>take part in a debate and form own opinions and arguments</li> <li>understand the term young offender and how young offenders are dealt with in the Criminal Justice System</li> <li>learn the different stages of the Youth Justice System and the role of the people involved at each stage</li> <li>explore diverse religious cultures/atheism.</li> <li>Understanding how to prioritise your spending and how to budget for a camping trip against income.</li> <li>Identify what influences spending</li> <li>Exploring community support and contribution that can be made.</li> </ul>